



V3 System Overview

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Introduction



Elite Health is the pinnacle of wellness, where age does not dictate ability.

Scientifically, Elite Health is optimal metabolic function, the state in which all body systems are performing efficiently, which gives you the energy to see more, do more, and be more, no matter what stage of life you're in. Live without limitation with Elite Health from Synergy WorldWide.

SYNERGY
ELITEHEALTH

Science-based, innovative propriety programs that holistically improve your total health, elevate your performance and unlock your true potential.



PhytoLife

The human body needs green, natural nutrition but our body simply doesn't get enough; more than 90% of the world's population lives in an unhealthy acid pH range.

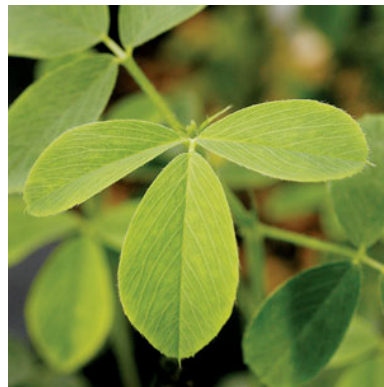
In taking a liquid chlorophyll drink, you can keep your body in balance because over acidity is what causes many diseases.

We need to have plenty of greens every day and this is an easy way to make sure you have enough in your diet, as 2 teaspoons is the equivalent of 1kg of green leafy vegetables as well as removing heavy metals from your body.



Ingredients

- Chlorophyllin
- Peppermint
- Alfalfa
- Barley Grass
- Mulberry





Using PhytoLife

Bottle

730 ml 48-day supply

Serving size:

7.5 ml – ½ Tablespoon

Daily dose - Maintenance: **15 ml** (7.5 ml, equal to ½ Tablespoon, 2 x daily)

Daily dose – Intensive: **45 ml** (15 ml 3 x daily)

Dose form:

Dark Green Liquid – intended to be mixed with water

Directions:

Mix 15 ml in 240 ml water (or to taste)
Lightly stir and drink. **Best taken prior to, or with a meal**

Contraindications:

None known

Length of use:

As desired



ProArgi-9+

ProArgi9 improves circulation and protects our cardiovascular system from fat and plaque build up. It has been clinically proven to reduce bad cholesterol, regulate blood pressure and helps all the cells in the body get enough oxygen and nutrition.

One of the primary ingredients in ProArgi-9+ is L-arginine, which was researched by three American scientists who were awarded the Nobel Prize in 1998 for discovering its powerful health benefits.

ProArgi-9+ also contains five essential vitamins: Vitamin C, Vitamin D3, Vitamin K, Vitamin B6 and Vitamin B12. Each plays a vital role in supporting the body's overall performance.



Ingredients

- L-arginine – 5g free-form, pharmaceutical grade
- L-citrulline
- Vitamin D3
- Vitamins B3, B9 & B12
- Vitamin C
- Vitamin K2
- Pomegranate juice
- Grape skin extract
- Steviol



Using ProArgi-9+

Packet

30 sachets

Serving size:

Sachet

Daily dose - Maintenance: 1 - 2 sachets

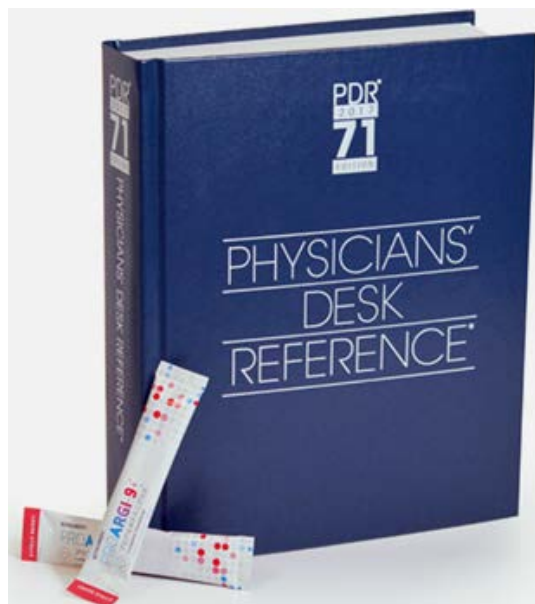
Daily dose – Intensive: 3 - 4 sachets

Dose form:

Powder, to be mixed with water

Directions:

Mix sachets in 240 ml water (or to taste)
Lightly stir and drink.



Mistify

We all know that we need antioxidants and Mistify has been proven in studies to have the highest level of antioxidants available, just one serving a day provides the equivalent of 3.5kg of fruit. Antioxidants are the sole protection against free radicals, which are responsible for many diseases, such as inflammation, allergy and pain.

The main ingredient in Mistify is a “super berry” called **Açaí**, which grows wild in the Amazon. It ensures Mistify has one of the highest antioxidant values in the world. The indigenous peoples of the Amazon call the **açaí** palm the “Tree of Life.”

Amazonian warriors were said to drink the juice before battle to increase their stamina and strength.



Ingredients



Acai Fruit
Concord Grape
Elderberry
Red Grape
Bilberry
Blueberry
Pomegranate
Red Raspberry
Grapeseed
Cranberry
Green Tea Leaf
Goji Berry (Lycium)



Using Mistify

Bottle **730 ml 12 to 24-day supply**

Serving size: **30 ml – 2 Tablespoons**

Daily dose - Maintenance: **30 ml**

Daily dose – Intensive: **60 ml (30 ml 2 x daily)**



Dose form: Purple Liquid – drink neat

Directions: 30 ml, shake well before using
Refrigerate after opening.

Contraindications **None known**

Length of Use: **As desired**

Certifications: NSF- GMP verifies Good Manufacturing Practices and product manufacturing safety



The Vital 3 System

The Vital 3 System is composed of 3 carefully formulated products that enhance the body's overall performance and wellness. These products contain pure ingredients that construct a framework for ideal health.

ProArgi-9+, PhytoLife & Mistify

Synergy came up with this three-pronged approach to modern health issues with unique products that:

- Increase Nitric Oxide Levels
- Reduce Inflammation
- Balance pH

- ProArgi-9 Increases Nitric Oxide ("Circulates and Enhances") --
- Mistify reduces inflammation ("Boosts and Protects") --
- PhytoLife balances pH ("Builds and Strengthens") --



Ingredients



- Chlorophyllin
- Peppermint
- Alfalfa
- Barley
- Mulberry



- L-arginine – 5g free-form, pharmaceutical grade
- L-citrulline
- Vitamin D3
- Vitamins B3, B9 & B12
- Vitamin C
- Vitamin K2
- Pomegranate juice
- Grape skin extract
- Steviol



- Açai
- Concord Grape
- Elderberry
- Red Grape
- Bilberry
- Blueberry
- Pomegranate
- Red Raspberry
- Grapeseed
- Cranberry
- Green Tea Leaf
- Goji Berry (Lycium)



Using the V3 System

Experience has shown us that it is best to bring the V3 system into daily life in stages. Depending on your constitution, we recommend increasing your intake every 4 to 10 days. Possible detox symptoms may be apparent as your body begins to heal and clean itself of toxins and unwanted waste.

An example of increasing your intake over time:-

If you have a strong constitution, increase to each step every 4 days. If a sensitive constitution or likely to have high levels of toxins in the body then a step per 7-10 days.

